

Now, let O, H, I , and N denote the circumcentre, the orthocentre, the incentre, and the centre of the nine-point circle, respectively. As usual, let R and s be the circumradius and the semi-perimeter of $\triangle ABC$. It is well-known that the incircle is internally tangent to the nine-point circle. It follows that (b) is equivalent to $OH \perp IN$. Since $\vec{NI} = \vec{OI} - \vec{ON} = \vec{OI} - \frac{1}{2}\vec{OH}$, the condition $OH \perp IN$ is equivalent to $\vec{OH} \cdot \vec{OI} = \frac{OH^2}{2}$. Using $2s\vec{OI} = a\vec{OA} + b\vec{OB} + c\vec{OC}$ and $\vec{OH} = \vec{OA} + \vec{OB} + \vec{OC}$, a simple computation shows that $\vec{OH} \cdot \vec{OI} = \frac{OH^2}{2}$ is itself equivalent to

$$s = -a \cos 2A - b \cos 2B - c \cos 2C \quad (1)$$

(note that for example $\vec{OA} \cdot \vec{OB} = R^2 \cos 2C$, C being acute or not).

We successively rewrite (1) as

$$\begin{aligned} a(1 + 2 \cos 2A) + b(1 + 2 \cos 2B) + c(1 + 2 \cos 2C) &= 0 \\ \sin A + 2 \sin A \cos 2A + \sin B & \\ + 2 \sin B \cos 2B + \sin C + 2 \sin C \cos 2C &= 0 \\ \sin 3A + \sin 3B + \sin 3C &= 0 \end{aligned}$$

(the latter because $2 \sin A \cos 2A = \sin 3A - \sin A$, etc.).

As a result, (b) is equivalent to $\sin 3A + \sin 3B + \sin 3C = 0$, or, with the help of the familiar trig formulas, to $4 \cos \frac{3A}{2} \cos \frac{3B}{2} \cos \frac{3C}{2} = 0$. Finally, (b) is equivalent to $90^\circ = \frac{3A}{2}$ or $\frac{3B}{2}$ or $\frac{3C}{2}$ and (b) \iff (c).

7. Let a, b, c be nonnegative real numbers such that $a + b \leq c + 1$, $b + c \leq a + 1$ and $c + a \leq b + 1$. Prove that

$$a^2 + b^2 + c^2 \leq 2abc + 1.$$

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First note that $a, b, c \leq 1$. Indeed,

$$c + a \leq b + 1 \Rightarrow c + 2a \leq a + b + 1 \leq c + 1 + 1 \Rightarrow 2a \leq 2 \Rightarrow a \leq 1,$$

and, similarly, $b, c \leq 1$.

Let $x := 1 - a$, $y := 1 - b$, $z := 1 - c$. Then $x, y, z \in [0, 1]$, $a = 1 - x$, $b = 1 - y$, $c = 1 - z$

$$\begin{cases} a + b \leq c + 1 \\ b + c \leq a + 1 \\ c + a \leq b + 1 \end{cases} \iff \begin{cases} z \leq x + y \\ x \leq y + z \\ y \leq z + x \end{cases} \iff |x - y| \leq z \leq x + y,$$

and the original inequality becomes

$$\begin{aligned}
(1-x)^2 + (1-y)^2 + (1-z)^2 &\leq 2(1-x)(1-y)(1-z) + 1 \\
\iff x^2 + y^2 + z^2 &\leq 2(xy + yz + zx) - 2xyz \\
\iff x^2 + y^2 - 2xy &\leq 2z(x + y - xy) - z^2 \\
\iff (x-y)^2 &\leq 2z(x + y - xy) - z^2. \tag{1}
\end{aligned}$$

Let $f(z) = 2z(x + y - xy) - z^2$. Since $z \in [|x - y|, x + y]$ then $\min_z f(z) = \min\{f(|x - y|), f(x + y)\}$, and, therefore,

$$\begin{aligned}
(1) &\iff (x-y)^2 \leq \min_z (2z(x + y - xy) - z^2) \\
&\iff (x-y)^2 \leq \min\{f(|x-y|), f(x+y)\} \tag{2} \\
&\iff \begin{cases} (x-y)^2 \leq f(|x-y|) \\ (x-y)^2 \leq f(x+y) \end{cases} \\
&\iff \begin{cases} (x-y)^2 \leq 2|x-y|(x + y - xy) - (x-y)^2 \\ (x-y)^2 \leq 2(x+y)(x + y - xy) - (x-y)^2 \end{cases} \\
&\iff \begin{cases} (x-y)^2 \leq |x-y|(x + y - xy) \\ x^2 + y^2 \leq (x+y)(x + y - xy) \end{cases}
\end{aligned}$$

We have

$$\begin{aligned}
x^2 + y^2 \leq (x+y)(x + y - xy) &\iff (x+y)xy \leq 2xy \\
&\iff 0 \leq xy(2 - x - y)
\end{aligned}$$

and

$$(x-y)^2 \leq |x-y|(x + y - xy) \iff 0 \leq |x-y|(x + y - xy - |x-y|).$$

Since $x, y \in [0, 1]$ then the inequality $0 \leq xy(2 - x - y)$ obviously holds and

$$\begin{aligned}
|x-y| \leq x + y - xy &\iff xy - x - y \leq x - y \leq x + y - xy \\
&\iff \begin{cases} xy - x \leq x \\ -y \leq y - xy \end{cases} \iff \begin{cases} 0 \leq x(2-y) \\ 0 \leq y(2-x) \end{cases}.
\end{aligned}$$